

## JANUARY CLUB EVENTS & OTHER RACES

### RAY BAKER HANDICAP SERIES

This series of six races is a club-run annual event. It's fun and ideal for beginners as well as experienced paddlers, and because it's handicapped everyone has a chance to win.

The series kicks off on Wednesday 23 January with a 3km race and then increases by one km each following Wednesday, with the last race being 8 km.

The committee decided that the handicapping method used in the past is too difficult and time consuming to administer. The method most likely to be used is the 10 second rule; starts in waves A, B, C and handicapping each wave by 10 seconds for each kilometre race distance.

**Race Starts:** 6.00 at the club; please try to be at club for registering 15 minutes earlier.

**Entry Fee:** \$5.00 per race, or \$25.00 for the entire series of 6 races.

<b>Dates:</b>	<b>Race No:</b>	<b>Distance</b>
Wed 23 Jan	1	3km
Wed 30 Jan	2	4km
Wed 6 Feb	3	5km
Wed 13 Feb	4	6km
Wed 20 Feb	5	7km
Wed 27 Feb	6	8km

### HERALD ISLAND RACE

**Monday 28 January (Auckland Anniversary)**

**Race briefing:** 11.30am

**Start:** 12.00 noon

**Entry Fee:** \$20.00

## NZCT Canoe Sprint Nationals & Oceania Championship

If you are planning to participate in this event, we have to have **your entry by 16 JANUARY.**

- **We need to get our club's entries in, so if you intend to participate in this event, please advise the club NOW;** [club@wcmc.org.nz](mailto:club@wcmc.org.nz)
- **Please state which event/s and age groups you want to race.**
- **Details below, or on** <http://www.canoeracing.org.nz/events/>

- Date:** Friday, 15 February 2019 - Sunday, 17 February 2019
- Location:** Mighty River Domain, Lake Karapiro
- Organiser:** Karen Simpson-Warren, contact 04 902 1206 or 027 444 5596
- Summary:** The pinnacle of the canoe sprint domestic season, the NZCT New Zealand Canoe Sprint Championships will be held at Lake Karapiro and is open to all age groups.
- Description:** Proudly supported by NZ Community Trust and the Waipa District Council, the Canoe Sprint National Championships will be held over three full days of racing at Lake Karapiro.
- Distances:** will include 200m, 500m, 1000m (depending on age group) and 5km and age groups from Tyros (U13) right through to Masters.

**Please note, Team Managers meeting Thursday 8.00pm in the Waipa Room at the Don Rowlands Centre, Lake Karapiro.**

**Queries to;** [Karen.simpson@canoeracing.org.nz](mailto:Karen.simpson@canoeracing.org.nz)

[Site Map](#)

[Venue and onsite accommodation](#)

[Cambridge Accommodation](#)

[Hamilton Accommodation](#)

[NZ Canoe Sprint Rules](#)

## [New Zealand Masters Games Whanganui 2019](#)

1 – 10 February

Entries to New Zealand's largest multi-sport event are now open!

[Register Your Place Now](#)

## [TE HEKE \(www.theheke.co.nz\)](http://www.theheke.co.nz)

- Start Date:** Saturday, 23 February 2019 9:45 a.m.
- End Date:** Saturday, 23 February 2019 4:00 p.m.
- Location:** Wharetana Bay, Waiheke Island
- Entry Fee:** \$39 per paddler
- Organiser:** Toby Lerew
- Website:** <http://www.theheke.co.nz>

**Summary:** A circumnavigational race around Waiheke Island open to all one man paddle powered racecraft. Most will do in a relay team, but we are open to competent surfski paddlers doing it solo.

**Description:** This is an inaugural race around Waiheke Island in a relay format (with some exceptions) for Surfskis, SUP's and Outrigger canoes (conventional canoe paddlers are showing keen interest too)

“We really want this to become an annual, as well as iconic event on the NZ paddlers’ calendar, and have invested many days/ hours into planning it. We are also committed to making it affordable (\$39 per paddler) The most significant cost for participants will be their teams support boat, which if they cannot provide their own, we will have a supply of based on the Island varying in cost between \$350 to \$500.

“We will be providing a shuttle landing craft from Maraetai to Waiheke Island on the weekend to ferry paddlers and their craft back and forth at a cost (lower than the equivalent service on the Sealink ferry)

“There is a comprehensive website with all the details of the race and profile on invitational paddlers. **We are hoping to add Sean Murphy to this list of elite invitee's, as well as a top SUP paddler.**

“We have been sanctioned by Waka Ama NZ, and in doing this, have submitted, and will abide by an approved plan for the event, which has a well thought out safety management aspect to it.”

## **VAIKOBI KING & QUEEN OF THE HARBOUR**

**Saturday, March 30, 2019 09:15am (short and long course)**

**Registration:** Closes Saturday 20 March 2019, 09.00am

**Location:** Takapuna (39 The Strand, Takapuna, Takapuna Beach)

**Organisers:** Pacific Ocean Paddlers

**Event Website:** <http://www.pacificoceanpaddlers.com> see also: <http://www.canoeracing.nz.org>

**Descriptions:** The 2019 Vaikobi Auckland King & Queen of the Harbour will be brought to you by Canoe Racing New Zealand and Pacific Ocean Paddlers, and doubles as New Zealand’s iconic national Ocean Racing championships, as well as NZ selection race for the ICF World Champs in France. The event also traditionally features SUP and Waka-Ama categories, and will see the Auckland Harbour and the Hauraki Gulf play host to the best Surfski, SUP and Waka-Ama paddlers this country has to offer, along with some pretty solid international competition. Now in its 18<sup>th</sup> year.

## **NZ CANOE MARATHON CHAMPIONSHIPS**

**Date:** 13 – 14 April 2019

**Location:** Waimata River, Anzac Park, Gisborne

**Organiser:** Liz and Alan Thompson

**Contact:** [liz.alan@xtra.co.nz](mailto:liz.alan@xtra.co.nz)

This event is a must for all distance paddlers, and a great opportunity (or excuse if you need one) to paddle somewhere different.

Meanwhile, Waitemata Canoe & Multisport Club intends to organise and host an Auckland Canoe Marathon Championship (last held in 2013) to be held approx. one month before the Nationals. Please keep a look out for more information as it becomes available.

## **CLUB MEMBERS AT THE RACES**

### **CHRISTMAS & CLUB'S 30<sup>TH</sup> ANNIVERSARY PADDLE**

**Held on Sunday 16 December 2018, paddle from club to Riverhead**

Even though we combined the Christmas paddle and social with the 30<sup>th</sup> anniversary of the Waitemata Canoe & Multisport, the actual anniversary was back in March. Even though the club was informally set up by few years earlier by a group of keen multisport athletes, Waitemata Canoe & Multisport Club was not formally incorporated as a fully incorporated Society until 22 March 1988.

It was nice to see some of the early members doing the race and stay on for the social. A few keen ones even paddled back to the club afterwards!

Vaughan has posted some photos on the club's Facebook page:

<https://www.facebook.com/photo.php?fbid=10156864595990987&set=pcb.2135864456677261&type=3&theater&ifg=1>

<b>Placing</b>	<b>Name</b>	<b>Time</b>	<b>Gender</b>
1	Vaughan Reed	1:16:32	M
2	Lance Smith	1:17:14	M
3	Stu Lynch	1:20:11	M
4	Sean Murphy	1:22:33	M
5	Andrew Newick	1:22:34	M
6	Jonathan Long	1:23:26	M
7	Pete Lipscombe	1:27:01	M
8	Paul Fitchett	1:27:06	M
9	Richard Cross	1:32:31	M
10	Hayden Pirie	1:33:24	M
11	Barry Baker	1:33:24	M
12	Julio Mau	1:37:50	M
13	Murphy Niuapu	1:37:06	M
14	Julia Cree	1:38:19	F
15	Michael Famularo	1:43:13	M
16	Peter Creighton	1:47:18	M
17	Andy Franklin	2:03:00	M

Congratulations to all who participated. Well done.

## **CRNZ NEWS**

There are a few new and positive initiatives from Canoe Racing New Zealand – such as recently setting up the Distance Paddling Committee (DPC), chaired by our club member Andrew Mowlem.

However, it's all good and well to have new initiatives but to bring them fruition it also requires the commitment of clubs and individuals to host and run the events. Nothing happens by itself – so please think about what you can do to assist the organisers and help to make a success of initiatives that will further the development of canoe sport – and your enjoyment of the sport as well as new opportunities for competition and fun.

Below is the first DPC report from Andrew:

*“From: Andrew Mowlem, DPC Chair*

*The Distance Paddling Committee has been running for three months now, and aims to promote surfski and marathon paddling in NZ. We have created a strategy based on three main goals:*

*-More people paddling;*

*-More people racing;*

*-Kiwis succeeding internationally in surfski and marathon competition.*

*In order to achieve these goals, we have agreed on several key strategies. These are:*

- To create connections between disciplines so existing paddlers are encouraged to participate in other disciplines, particularly by (a) rationalising the racing calendar in order to make more events accessible to paddlers, (b) running targeted events and coaching clinics to introduce paddlers to new disciplines, and (c) communicating about the options available to kiwi paddlers.*
- To create CRNZ National Surfski and Marathon series;*
- To run coaching clinics & provide accessible information to help paddlers learn and improve in ski and marathon paddling; and*
- To create surfski and marathon pathways to sit alongside the sprint pathway, and show that CRNZ encourages all types of racing.*

*We have been working on building a rationalised calendar so that paddlers are able to experience events in other disciplines without compromising their training or performance in their specialist discipline; and also similarly attract the best possible field to events. This calendar is a work in progress. One of the main initiatives in the project is to create a CRNZ Ocean Ski Series of 4-6 races, including a National Champs, for the 2019-2020 season (i.e. from September 2019 to May 2020).*

*The King and Queen of the Harbour event (KQoTH) in Auckland is the first part of this. We have decided to run the event as the NZ Ocean Ski Nationals on 30 March 2019 (as part of the 2018-2019 season & selection for 2019 Ocean Ski Worlds team).*

*We will then hold another iteration of the KQoTH in late November/early December 2019, as one of the races in the new NZ Ocean Ski Series.*

*We are now seeking expressions of interest from event organisers to include their event in the 2019-2020 NZ Ocean Ski Series. We are looking for 3-5 races in addition to KQoTH, that meet the following criteria:*

- Target 18-25km distance (maximum of 35km);*
- Good potential for downwind conditions, and course options to maximise these chances;*
- A plan to encourage at least 20 women to participate in the event;*
- Distribution of races around the country*

*We are also planning some new clinics, camps and events, and hope to have more news on this on this soon.*

*Best wishes for the holidays and a great 2019.  
Andrew Mowlem and the CRNZ Distance Paddling Committee."*



Karen Simpson-Warren | Sport Development Manager | Phone (04) 902-1206 | Cell 027-444-5596  
Canoe Racing New Zealand Inc. | 17 Antares Place, Rosedale | P O Box 65-451, Mairangi Bay, Auckland 0754

## **CRNZ ANNUAL GENERAL MEETING**

In accordance with Clause 16.3 of the Constitution this is formal notice of the 2019 Canoe Racing New Zealand Annual General Meeting.

The date, time and venue for the 2019 AGM are as follows:

**Date:** Friday 15 February 2019  
**Venue:** CRNZ High Performance Training Centre, Lake Karapiro  
**Time:** 7.00pm

Full details including delegates form can be found on the [WEBSITE](#).

## **CRNZ 2019 Event Dates**

James Moore Morial Surf Ski Race-2 February  
NZCT Canoe Sprint Nationals & Oceania Champs, Karapiro-15-17 February  
Vaikobi King & Queen of the Harbour, Auckland-30 March  
Canoe Marathon Champs, Gisborne-13-14 April  
Asia Pacific Cup-10-12 May

A full list of domestic events can be found on the [website](#). Upcoming NZ events:

## **New accommodation in Cambridge**

### **Accommodation - Podium Lodge, Cambridge**

Opened in January this year, Podium Lodge is an 86 bed accommodation facility built and designed with athletes in mind. Rurally located and a short 15 minute drive from the Lake and 2 minutes for the centre of Cambridge, we are ideally set up for groups and teams. Our studio apartments, 2 bedroom apartments and dormitory, all feature fantastically comfortable extra-long beds, complimentary Wi-Fi, temperature controlled rooms, long bay parking, cooking facilities and lots of space to relax and chill pre and post training and competition.

Please check out our website [www.podiumlodge.co.nz](http://www.podiumlodge.co.nz) and social media platforms.

Regards

Anne Edgecombe

Podium Manager, Podium Lodge

## CLUB NOTIFICATIONS

### CLUB KAYAK TRAINING

Wednesdays is Club night, 6.00pm. There usually is a 6km race but this may vary depending on tide.

Saturdays: 8:00am sharp – join a keen group for a good and varied workout. Maybe go for coffee and chat afterwards at a local café. All welcome.

Don't forget to check Facebook for changes, additions and short-notice training changes.

## UPCOMING EVENTS

### EVENTS CALENDAR

13 January 2019 Rangitikei River Race,  
<http://www.sportzhub.com/event/rangitikei-river-race.html>

19-20 Jan 2019 Red Bull Defiance, Wanaka <https://redbulldefiance.nz/>

23 Jan 2019 Club's Ray Baker series – Race 1, 3km

28 Jan 2019 Club's Herald Island Race (Auckland Anniversary Day)

30 Jan 2019 Club's Ray Baker series – Race 2, 4km

1-10 Feb 2019 NZ Masters Games, Whanganui, <https://www.nzmg.com/>

2 Feb 2019 James Moore-morial Championship Cup, Mt Maunganui

6 Feb 2019 Club's Ray Baker series – Race 3, 5km

9-10 Feb 2019 Kathmandu Coast to Coast

10 Feb 2019 Aotearoa Downwind Champs,  
<https://www.facebook.com/events/620104365020086/>

13 Feb 2019 Club's Ray Baker series – Race 4, 6km

15-17 Feb 2019 NZCT Canoe Sprint Nationals & Oceania Champs, Karapiro

20 Feb 2019 Club's Ray Baker series – Race 5, 7km

27 Feb 2019 Club's Ray Baker series – Race 6, 8km (Final)

10-17 March 2019 Godzone 2019, [www.godzoneadventure.com](http://www.godzoneadventure.com)

23 March 2019 The Dual, Motutapu Island [www.thedual.co.nz](http://www.thedual.co.nz)

23 March 2019 Ring of Fire Volcanic Ultra, [www.rof.co.nz](http://www.rof.co.nz)

30 March 2019 Vaikobi King & Queens of the Harbour, Auckland

13-14 April 2019 NZ Canoe Marathon Champs, Gisborne

### High Tides

Sat 12 Jan 2019	00.12/2.9m
Wed 16 Jan 2019	15.41/2.9m
Sat 19 Jan 2019	06.16/3.0m
Wed 23 Jan 2019	22.22/3.5m
Sat 26 Jan 2019	12.29/3.5m
Wed 30 Jan 2019	16.05/3.0m
Sat 2 Feb 2019	06.40/3.0m
Wed 6 Feb 2019	21.53/3.0m
Sat 9 Feb 2019	11.29/3.1m
Wed 13 Feb 2019	14.14/3.0m
Sat 16 Feb 2019	04.44/3.0m
Wed 20 Feb 2019	21.11/3.5m
Sat 23 Feb 2019	11.16/3.6m
Wed 27 Feb 2019	14.39/3.1m

### **Want to keep up with the latest? Join us on Facebook**

If you have not yet joined the club's Facebook group, please make a member request to be added – it's the best way to keep up to date with what's going on, last minute changes, and who is doing what and when. For example, if someone posts about doing a river trip it may be your opportunity to join in and get some extra training or put your Grade 2 paddling skills to test.

<https://www.facebook.com/groups/waitematacanoeandmultisportclub/>

## **2018/19 MEMBERSHIP & RACK FEES are now overdue**

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<b>Individual Membership</b>	<b>\$150</b>
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<b>Family:</b>	<b>\$200</b>
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<b>Junior (under 18 at 1 June)</b>	<b>\$80</b>
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<b>Rack Fee (kayak storage)</b>	<b>\$150</b>
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Please see website for Membership form and Bank Account/payment details [www.wcmc.org.nz/membership](http://www.wcmc.org.nz/membership)

## **RULES FOR USE OF CLUB BOATS**

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- Use from the Club (on Henderson Creek) is free. For use elsewhere a per day hire charge applies and must be booked and paid in advance.
  - Please treat club kayaks and gear as you would treat your own – or better.
  - Please return all club kayaks to their corresponding racks, and club paddles and buoyancy vests to far wall.
  - Please do not sit in kayaks when making adjustments while they're on cradles - it will damage them
  - Kayaks and surf skis with under-boat rudders require extra care – no sitting in them while on grass, ramp, or gravel – and don't run them up onto mud or sandbanks at low tides. Use pontoon for getting in and out of.
  - Daily Hire away from the Club is \$50 per day, with the inclusion of buoyancy aid, paddle and spray deck, though we encourage you to have your own to ensure a good fit.
  - Fibreglass boats must NOT be taken on rocky rivers.
  - Club boats that have an under-boat rudder must NOT be used on Grade 1 or Grade 2 rivers
  - Please report any damage to kayaks or accessories so that arrangement for repairs can be made.
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- ❖ To help you select a kayak appropriate for your skill level, please refer to the club boat chart on the club gear wall, or the folder on the club room bench.
  - ❖ Boats with the stability 1 are the tippiest; the higher the number the more stable.

### **Hire Rules for club boats**

- You must fill out the online form here: <http://wcmc.org.nz/club-info/kayak-hire> or contact the Club President – Vaughan Reed 021 612 753 (this is important to avoid double booking - even for club events.)

- Pay online for the hire before you take the boat and accessories.
- Return all gear promptly after use.
- Report any damage so that it can be fixed and returned back into use
- Air bags are the hirers' responsibility

## CLUB EXECUTIVES 2018/2019

<b>President</b>	<b>Vaughan Reed</b>	<b>021 612 753</b>
<b>Vice President</b>	<b>Andrew Mowlem</b>	
<b>Treasurer</b>	<b>Sean Murphy</b>	
<b>Club Captain</b>	<b>John Nowak, with Richard Couchman assisting</b>	
<b>Secretary/Admin</b>	<b>Erika Currie</b>	<b>027 4345946</b>
<b>Multisport</b>	<b>Hayden Pirie</b>	
<b>RIB Manager</b>	<b>Terry Newsome</b>	<b>021 0748485</b>
<b>Email</b>	<a href="mailto:club@wcmc.org.nz">club@wcmc.org.nz</a>	

New Members: please contact any of the Executive for general information or assistance on club matters.

## SUBMARINES



Had an unintentional swim lately? Don't forget to tell the club administrator: [erika.currie@xtra.co.nz](mailto:erika.currie@xtra.co.nz)