

CLUB EVENTS COMING UP VERY SOON

MULTISPORT EVENING – Wednesday 24 July 2019, 6.30pm

Following on from the paddle technique evening we are now holding a general multisport Q&A session for club members. We will start off after the 5.30pm race, about 6.30pm. So come down for a paddle, then a chat around your multisport questions!

We will run through:

- Race Plans
- C2C Highlights
- Training Tips/Tricks
- Anything else you may want to ask...

Please register your interest on Facebook; <https://www.facebook.com/events/2358004274520827/>

KAYAK CRAZY 10KM SERIES 2019

Organiser: Sean Murphy 021 482 006

More info and online entries: CRNZ <http://www.canoeracing.org.nz/events/kayak>

Sunday 4 August from the club, Taipari Strand, Te Atatu Peninsula

(2 weeks before the National 10km Champs at Rotorua)

Registration	7.30am
Briefing	8.15am
Tyros Start	8.30am
All others	9.15am
Entry fees	\$20 for U18 and over; \$10 for U16 and younger
Distances	Tyros 2-3km; U14/U16 5km; all other 10km

Kayak Crazy 10km Championship: 17 August, 11.00am, Lake Okareka Rotorua

Details: <http://www.canoeracing.org.nz/events/event->

[details?eventid=1364&eventstart=17%2f08%2f2019+11%3a00%3a00+a.m.&eventend=17%2f08%2f2019+11%3a00%3a00+a.m.&categoryid=48](http://www.canoeracing.org.nz/events/event-details?eventid=1364&eventstart=17%2f08%2f2019+11%3a00%3a00+a.m.&eventend=17%2f08%2f2019+11%3a00%3a00+a.m.&categoryid=48)

An Invitation from Heather Donald

To new members needing some help and any members interested in a social paddle

- Interested in paddling Mondays? I plan to paddle on alternate Monday afternoons, on water by 4.30pm.
- If any new members need support I can be there a bit earlier to help choosing/adjusting kayak.
- Social paddlers who would like company for up to an hour on the water then I am happy for them to join me. Please contact me on: 0275848444

AGM 2019 REPORT – AGM held Sunday 30 June 2019, at the Club

Meeting opened: 12.05pm - Present 19 - Apologies 7

PRESIDENT'S REPORT – VAUGHAN REED

I always start off by looking at the year that was and what we have achieved as a club...

- Late last year, **Sean Murphy won the Mighty Murray River Race and CRNZ's 2018 Masters Athlete of the Year.** Both of which are a major accomplishment.
- We **finished 2018 in style** with our annual club to pub race and Xmas party at the Riverhead pub. This doubled as our 30th Anniversary (actually 33rd but 30th had a better ring to it. Actual date of incorporation 22 March 1988). We had roughly 30 people for the event which was really good to see.
- In March, we gave the **club rooms a lick of paint** and replaced the signs, which has made a huge improvement to the overall look of the club facilities. First impressions really do count and hopefully this will be the catalyst to driving an increase in membership numbers. Thanks to Peter Mills for supplying the signs at no cost and for those that helped out on the day.
- The club had a **successful 2019 Marathon Champs down in Gisborne.** We had the biggest turn out from all the other clubs, which got us \$400 cash. In the K2 marathon race, we had 5 out of a total of 6 boats K2 boats in the open and masters age group. **Andrew Mowlem was the overall winner.** But to me, the best thing about this year's Marathon champs was seeing a number of our members attending their first ever National Champs (outside of when our club hosted it). If I'm not mistaken, it was Barry Baker, Peter Lipscombe, Paul Fitchett and Steve Reece first?
- We didn't do as well with the numbers attending this year's **National Sprint champs**, with only myself, Vlad and Glenn in club colours. We should make a real effort for next year's sprint champs and aim to get our largest ever contingent attending. The Sprint Champs is an amazing event to be part of.
- Our **membership numbers as they currently stand are looking good.** We have 108 active members, but this includes 11 new members that have just recently signed up for the 2019/20 membership year. Lets' make a concerted effort to keep our membership numbers up over 100 members, this membership year and that will be the first time in 6 or 7 years where we have been at these numbers.
- We have taken a big leap with moving to a **cloud-based membership management system.** This will hopefully reduce the work involved with managing the membership renewals and new sign-ups. From the sounds of things, we are the first kayak club in NZ to move to an online system.

You will all receive an email in the next couple of days, with the details of how to set up a login to the member portal so you can renew your membership subscription. You now have the option of paying by credit card or bank transfer using Poli. We don't want to accept any manual payments or bank transfers out of the system, as this then involves someone having to manually reconcile all the payments.

We've had a **fantastic committee this year**. We had the usual suspects with Sean, Erika, John, Phil, Vlad, Terry and Andrew. And we had a couple of new members come on board who have really stepped up with helping with the running of the club and that is Jonathan and Hayden.

Can I get everyone to put their hands together for our 2018/19 committee, without them, we wouldn't have a club.

I want to **highlight two of our committee members** who go the extra mile and have been the cornerstone of the club over the last 3 years. That is Sean Murphy, who managed virtually every one of our club races, including three races for this year's Kayak Crazy series. A lot of work goes into organising the event and running it on the day so a big thank you to Sean.

And Erika, who has done an outstanding job as Club Secretary and Club Administrator since 2016. Erika has put a lot of time and energy into the club over the years. The fact that she has driven down from Whangarei today just to attend the AGM, is testament to the dedication she has put in to our club.

Unfortunately, Erika is stepping down from the committee because she and her husband have moved north to sunny Whangarei. She is going to be sorely missed and a hard person to replace.

Erika, I wish you every success with your new life in Whangarei and we hope to see you down at the club again soon.

This will be my **last year as president** and it's time for someone new to take the reins and bring a fresh approach. I've really enjoyed my 5 years as president and hopefully I'm leaving the club in a better position than when I took on the role.

We really do have a great club with a fantastic mix of people that makes it worthwhile coming down each week. Even when it's windy, cold and raining. It's the members that make a club great.

One thing that is important for every club member to remember, a sports club does not run itself, it relies on its members to take an active part in helping run the club. While I have been president, we have been far too reliant on 2 or 3 key members having to do the lion-share of the work, which is unfair on those members. Last year we had two new members step-up and join the committee which has been a big help. I would like to see another 2 or 3 new members joining the committee this year, as it brings a fresh perspective. I would also challenge any member who has been with the club for 2 or more years, and had not been on the committee, now is the time to step-up.

Vaughan Reed, prepared for 2019 AGM

Vaughan presented the secretary/administrator with a framed group photograph of the club members who participated in the World Masters Games 2017, signed by committee and club members.

Erika thanked Vaughan and the club for this generous gift; "This means so much to me and I will treasure this forever. It's been enjoyable and a privilege being part of the committee and working with such a great team. Thank you so very much for the thought and those lovely well wishes and signatures surrounding the photo".

Treasurer's Annual Report for the year ended 31 May 2019 – Sean Murphy

The club had a satisfactory financial year ending 31 May 2019.

The loss for this financial year is \$8,282.67, down on the previous year's profit of \$4,945 which is a difference of (\$13,227.67) but we do need to consider that in the 2018 financial year we received a Grant of \$12,000.00 so that considered the financial years excluding the Grant are very similar.

Membership and Maintenance

Membership numbers dropped slightly for the year and there were no Grant applications made. We were also faced with deferred maintenance on the building, in particular the roof on the alley area between the two sheds had to be replaced and the club was given a paint which all came out of the club's cash reserves.

Races

The South Head Challenge was not run last year and is unlikely to be run in the near future.

Numbers at events run have been poor which resulted in club run races being operated under a fiscally neutral activity. "Profit" generated from the racing series was spent on related expenses – prizes, food and drink, timing and in regards to the Marathon Sprint Nationals, the covered the entry fee for members attending these events to encourage participation. The results for the club, especially in the Marathon Nationals were impressive with the club taking out the Best Attending Club with numerous wins and placings throughout the divisions. This is something that we should continue to promote as we had a great turnout of members for the Marathon Champs which were held in Gisborne this year.

Committed Expenditure

The club has finished the 2018/19 financial year in a sound although slightly depleted position.

- Membership platform
- Gear shed doors automated
- Better security; seriously consider cameras in view of the previous evening's burglary, theft of RIB petrol, theft and burning of a club boat under pontoon ramp causing severe damage to the structure and destroying the boat beyond repair.

Sean Murphy

Treasurer

Prepared for AGM meeting 30 June 2019

Sean thanked Vaughan and Erika for their contributions to the club and presented both with a lovely sweet treat. (thank you Sean)

Club Captain's Report – John Nowak

The outside of the club building was painted and new signs, generously made and donated by Per Mills, were installed. There was considerable wear and tear on club boats and gear. Thanked Phill Exeter, Simon McLarin and Steve Reece for doing the repairs; and Russell Cavanagh for getting the RIB up and going.

Rack spaces are in high demand. Any boat occupying a space that has not been paid for will be removed and stored elsewhere – and if not claimed may eventually be sold to recover costs.

The Saturday morning and Wednesday evenings have had average attendances.

Elected committee for the 2019/20 Club Year

President:	Jonathan Long (Jonny)
Vice President:	Vlad Moldovan
Treasurer:	Sean Murphy
Club Captain:	John Nowak - assistant Richard Couchman
Club Secretary:	Tim Muhundan
Multisport Co-ordinator:	Hayden Pirie
Administrator:	- vacant -
RIB Manager:	

General Committee:

Phill Exeter, Richard Cross, Andy Fleming, Richard Couchman, Terry Newsome, Russell Cavanagh.

The Administrator's position was not filled at the AGM; if you, or someone you know that can take on this role, please let Jonathan or Sean know.

Membership and Kayak Storage Fees for 2019/20 club year:

Annual Fees:

Individual	\$180
Family	\$250
Junior	\$80
Rack Fee	\$160
Kayak hire	\$60 per day (includes accessories)

Meeting closed at 13.15pm

Introducing the two new Executives

Jonathan Long (new club president, replacing Vaughan Reed)

I'm married (to Claire) with 2 kids – Jenni (19) and Simeon (16). We own a lingerie and swimwear shop in Newmarket called Avokado. Google it. And no, I don't help in the shop. I did some multisport waaayyy back in my Uni days, including some Coast to Coast races (our multisport coordinator Hayden can't believe you can see the last race I did on YouTube, and it's not in Black and White). I then picked it up again (gradually) about 5 years ago. I guess I hit my fittest point in Feb this year doing the C2C Longest Day (14hrs). Life dream, as I had only ever done 2 day. I promised myself (actually, my wife) I'd go a bit easier this year after C2C. Because I'm doing less training hours, any training I do this year will have a kayaking skew. My main goals this year are to master a K1 (I got in to my first one 2 weeks ago, devilish things!), which

will require improving technique, and hopefully fitness with it. The only upcoming event I've signed up for is the Poor Knights Crossing in Sep. This challenge honestly scares me (especially looking out the window right now at this nor'easterly), which I guess is a good reason to give it a crack.

Jonny Long

Tim Muhundan (new club secretary, replacing Erika Currie)

Hi, I am Tim Muhundan and I've been a member of the club for 2 years. My Why's for getting into paddling and multisports was simple – I was morbidly obese. Paddling (and cycling) got my body back to where I wanted to be. I got my C2C certification and multisport boat (Eclipse) three years ago – but twice in a row I had to pull out of C2C due to injury. So for this year, I am just going to turn up every week, paddle, race and have fun.

I am very passionate about kayaking. I am an experienced Sea Kayaking trip leader – the most exotic trip I organised was a ten day kayaking adventures around the Kermadecs from a Russian Ice Breaker. As for my give backs to kayaking, I been the president of [KASK](#) – NZ Association of Sea Kayakers for two years – I have stepped down early this year but I still sit on their committee and now my [company](#) is the main KASK sponsor.

To pay for my passions I help business coaches, consultants and experts grow and scale. I do this by turning what they have in their head into programs, courses and apps and help them monetize it. My company is [BizX.nz](#). You can connect with me through [LinkedIn](#) or [Facebook](#).

Tim Muhundan

NEW MEMBERS

A warm welcome to: **Fiona Love, Danika Mowlem**

Want to keep up with the latest? Join us on Facebook

If you have not yet joined the club's Facebook group, please make a member request to be added – it's the best way to keep up to date with what's going on, last minute changes, and who is doing what and when. For example, if someone posts about doing a river trip it may be your opportunity to join in and get some extra training or put your Grade 2 paddling skills to the test.

<https://www.facebook.com/groups/waitematacanoeandmultisportclub/>

VAUGHAN'S MASSIVE NEW CHALLENGE

Vaughan has been selected to represent New Zealand at the 2019 Canoe Marathon World Championship in Shaoxing, China, from 17-20 October; in Masters K1, and Masters K2 with Garth Spencer.

Also representing NZ at the same event is Andrew Mowlem in Open Men K1, as well as at the ICF Ocean Ski World Champs in France in September in Open Men's category.

We wish Vaughan and Andrew well for those big challenges; successful races and enjoyable experiences. Safe training and safe travels!

MORE EVENTS

GRADE 2 COURSES FOR CLUB MEMBERS, WITH IAN MERCER

Hayden has scheduled three sessions in this series, starting with the all-important basics and finishing with a Grade 2 river trip on the Mohaka. In order to pass your Grade 2 you'll need to attend at all three dates.

All attendees must be current club members

Not a member of WCMC yet? It's easy and you can do it all online here: www.wcmc.org.nz/membership and fill in the membership form and pay the annual fee.

Limited spaces, so register your interest on Facebook now:

<https://www.facebook.com/groups/waitematacanoeandmultisportclub//>

- **14 September 2019;** 8.00am at the club.
- **28 September 2019;** 11.00am at the Hingaia Bridge, Pahurehure. 11.00am.
- **5 – 6 October 2019;** Trip to the Mohaka River for Grade 2 practice/certification.

WHANGAMATA ADVENTURE & MULTISPORT RACES

10 August 2019 – entries are open now

Options include a 3, 6 or 12 hour adventure race; a Multisport race – kayak, run and MTB; or a 12km Trail run
Info and entries: <http://whangamataevents.co.nz/whangamata-adventure-race/>

MOTU CHALLENGE, OPOTIKI – 12 OCTOBER 2019

Great Coast to Coast practice! www.motuchallenge.co.nz

ZEST BROKERS POOR KNIGHTS CROSSING – 7 SEPTEMBER 2019

More info: <http://www.canoeracing.org.nz/events/kayak>

BLUE LAKES 1 CANOE SPRINTS – 12-13 OCTOBER 2019, ROTORUA

<http://www.canoeracing.org.nz/events/kayak>

WAIKATO 100 – 2 NOVEMBER 2019

More info and to enter go to: <https://www.waikato100.kiwi/entry>

RODNEY COAST CHALLENGE – 17 NOVEMBER 2019 www.rcc.org.nz

Entries for the 2019 Futureproof Life Rodney Coast Challenge open on 1st July 2019.

futureproof life™
RODNEY COAST CHALLENGE

Muriwai to
Wenderholm



17th November 2019



This is a must-do event and we'd like to encourage as many club members as possible to take part. It's a great event for working out logistics, practicing transitions, putting your gear to the test and working out what foods/drinks work for you – AND it's very good practice for support crews intending to support a Coast to Coast competitor. Great sponsor prizes, within the Auckland Region and great scenery too! What's not to love?
<https://www.facebook.com/RodneyCoastChallenge/posts/2505522776146201>

RASDEX CLASSIC RIVER RACE- WAIMAKARIRI RIVER, CANTERBURY

14 December 2019 – 30th anniversary - ENTRIES OPEN 1 JULY



New Zealand's premier River Race

This race is a must for all doing the Coast to Coast – a great test of your river paddling skills, endurance and your chosen kayak. Remember, entries open 1 July. <https://www.arawa.org.nz/classic.html>



SUMMER CHALLENGE – WOMEN'S ADVENTURE RACE

20-22 March 2020, Nelson

www.summerchallenge.c.nz

EVENTS CALENDAR

4 Aug 2019	Kayak Crazy 10km Arawa
4 Aug 2019	Kayak Crazy 10k, WCMC – from Club
10 Aug 2019	Whangamata Adventure Race, http://whangamataevents.co.nz/whangamata-adventure-race/
17 Aug 2019	10km Championships Rotorua
29-30 Aug 2019	Szeged 19 IFC Canoe Sprint Masters World Champs http://szeged2019.hu/masters
7 Sept 2019	Poor Knights Crossing, Tutukaka
28 Sept 2019	Grade 2 practice, Hingaia Bridge, Pahurehure
5-6 Oct 2019	Grade 2 Mohaka River training
12-13 Oct 2019	Blue Lakes 1, Rotorua, Canoe Sprints
19 Oct 2019	Motu Challenge, Opotiki www.motuchallenge.co.nz
19 Oct 2019	Rakaia Salmon Run www.thesalmonrun.nz
2 Nov 2019	Waikato 100, https://www.waikato100.kiwi/entry
14 Nov 2019	Lake Taupo Cycle Race
17 Nov 2019	Rodney Coast Challenge www.rcc.org.nz
7-8 Dec 2019	Blue Lakes 2, Rotorua, Canoe Sprints
14 Dec 2019	Rasdex Classic River Race, 30 th anniversary

High Tides

Wed 10 July 2019	13.41/3.2m
Sat 13 July 2019	04.00/3.1m
Wed 17 July 2019	20.03/3.2m
Sat 20 July 2019	09.42/3.0m
Wed 24 July 2019	12.19/2.8m
Sat 27 July 2019	14.51/2.8m
Wed 31 July 2019	18.42/3.3m
Sat 3 Aug 2019	08.53/3.4m
Wed 7 Aug 2019	12.23/3.3m
Sat 10 Aug 2019	15.19/3.0m
Wed 14 Aug 2019	18.55/3.1m
Sat 17 Aug 2019	08.37/3.0m
Wed 21 Aug 2019	11.05/3.0m
Sat 24 Aug 2019	13.18/2.8m
W 28 Aug 2019	17.00/3.1m
Sat 31 Aug 2019	07.42/3.4m

CLUB MEMBERS AT THE RACES/EVENTS

KAYAK KRAZY 10km – Held on 23 June 2019, on the Whau River, Kelston

A breezy and choppy day but well done everyone! All participants' results:

K1 Males

Sam Newlands	1.	48:26.6
Vaughan Reed	2.	48:27.9
Jeremy Kuggeleijn	3.	48:59.1
Archie Tonks	4.	53:19.0
Sean Murphy	5.	53:31.4
Geoff Mould	6.	56:07.6
Phil Exeter	7.	56:18.9
John Nowak	8.	1:00:05.7
Kevin Sargent	9.	1:10:38.7

K1 Women

Rosemary Gatland	1.	DNF
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K2

Simon and Hayden McLarin	1.	54:59.4
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Ski-Men

Peter Lipscombe	1	55:00.9
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Ski-Women

Danika Mowlem	1.	57:57.0
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SIMON MELGREN MEMORIAL RACE – Held on 30 June 2019, at the club

Pre-AGM 10km race, gorgeous morning but low tide making for hard work. Well done everybody.

Terry Newsom	DNF	
Richard Couchman	DNF	
Vaughan Reed	1	48:21.2
Simon McLarin	2	48:31.2
Phill Exeter	3	52:15.9
Jonathan Long	4	54:50.2
Hayden Pirie	5	59:23.2
Julio Mau-Asam	6	1:02:45.6
Russell Cavanagh	7	1:03:51.3



Photos; Erika Currie

1st three place getters: Vaughan Reed, Simon McLarin, Phill Exeter

CLUB NOTIFICATIONS

Club Kayak Training

Wednesdays is Club night, **start time is 5.30pm** from now until re-start of daylight saving. **You will need lights for paddling in the dark!**

Usually there is a 6km race but this may vary depending on tide.

Saturdays: 8:00am sharp – join a keen group for a good and varied workout. Maybe go for coffee and chat afterwards at a local café. All welcome.

Don't forget to check Facebook for event registrations, short-notice schedule changes, additions, announcements and invitations.

CHANGES TO MEMBERSHIP DATABASE

Vaughan has been working on the new membership database software, which was introduced for the new club year. All members will have received an email asking you to set up a login account and review your profile. Renewing membership is simple and includes the ability to pay online via Credit Card.

2019/20 MEMBERSHIP FEES ARE DUE NOW

You should have received a reminder by now, with a link to renewal and payment. Payment can be made by creditcard or via Poli. Just click on the link at the bottom of your notice, or go here: <https://wcmc.helloclub.com>

The code for the club doors will be changed at the end of July and notifications will be sent out when it's done.

2019/20 MEMBERSHIP & RACK FEES

Individual Membership	\$180
Family:	\$250
Junior (under 18 at 1 June)	\$80
Rack Fee (kayak storage)	\$160
Club Kayak Hire (includes accessories)	\$60 per day

RULES FOR USE OF CLUB BOATS

- Use from the Club (on Henderson Creek) is free. For use elsewhere a per day hire charge applies and must be booked and paid in advance.
- Please treat club kayaks and gear as you would treat your own – or better.
- Please return all club kayaks to their corresponding racks, and club paddles and buoyancy vests to far wall.
- Please do not sit in kayaks when making adjustments while they're on cradles - it will damage them
- Kayaks and surf skis with under-boat rudders require extra care – no sitting in them while on grass, ramp, or gravel – and don't run them up onto mud or sandbanks at low tides. Use pontoon for getting in and out of.
- Daily Hire away from the Club is \$50 per day, with the inclusion of buoyancy aid, paddle and spray deck, though we encourage you to have your own to ensure a good fit.
- Fibreglass boats must NOT be taken on rocky rivers.
- Club boats that have an under-boat rudder must NOT be used on Grade 1 or Grade 2 rivers
- Please report any damage to kayaks or accessories so that arrangement for repairs can be made.

- ❖ To help you select a kayak appropriate for your skill level, please refer to the club boat chart on the club gear wall, or the folder on the club room bench.
- ❖ Boats with the stability rating 1 are the tippiest; the higher the number the more stable.

Hire Rules for club boats

- You must fill out the online form here: <http://wcmc.org.nz/club-info/kayak-hire> or contact the Club President – Vaughan Reed 021 612 753 (this is important to avoid double booking - even for club events.)
- Pay online for the hire before you take the boat and accessories.
- Return all gear promptly after use.
- Report any damage so that it can be fixed and returned back into use
- Air bags are the hirers' responsibility

CLUB EXECUTIVES 2019/2020

President	Jonathan Long
Vice President	Vlad Moldovan
Treasurer	Sean Murphy
Club Captain	John Nowak, with Richard Couchman assisting
Secretary/Admin	Tim Muhundan
Multisport	Hayden Pirie
RIB Manager	
Email	club@wcmc.org.nz

SUBMARINES



Julio Mau Asam - during Simon Melgren race (but he bravely did the race in a K1 !)

Had an unintentional swim lately? Don't forget to tell the club secretary, Tim Muhundan: tim@bizx.nz



This is now my last Club Newsletter. It's been a privilege to do, and to help the club with other jobs since moving to West Auckland from Canterbury and Arawa Canoe Club. I know I'll miss you all, but hopefully I can come down occasionally for an event, or even a race.

I am now paddling in Whangarei (on my own as no club here) and enjoying the great bush walks near our new home. I also hope to pursue my other hobbies and to just enjoy, hopefully, a long retirement. If you're up this way and fancy a chat and cup of coffee, get in touch. (0274345946)

Wishing you all good health, happiness and success and enjoyment in your sporting endeavours.

Thanks for the friendship.

Erika